

Acknowledge your progress



On a scale from 1 to 10 ...

	And 1 stands for: "I do not even have a clue what progress could look like."
	e would you position yourself on this scale?
	helped you to achieve that progress already? (Focus on what you already achieved)
What	did you do ?
•	What else?
How	lid others contribute to this progress?
•	What else?
What	else helped to advance in this area?
•	What else?



Search for people that are already engaged in with your idea, to whom you shared already some idea's.

They can answer the same questions as you did so far!



Share all things you have already been doing within this area that worked well.

Come up with 10 small things you can do right away to make progress in this area.